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Counters shown in bold, names in red have run 4 counters & will get a prize!

## UK Ultra-running Championships 2019

| Champ position | Name              | Team                         | Sex | Champ points | U25 points | V40 points | V50 points | V60 points | V70 points | Total points | U25 position | V40 position | V50 position | V60 position | V70 position | Haworth | Spire | Lakes 5 Passes | Dig Deep 30 | Lakes 42 | Calderdale Hike | Pennine 39 | Three Towers | Fellsman | Beacons 50/100 | Bullock Smithy | Rotherham |
|----------------|-------------------|------------------------------|-----|--------------|------------|------------|------------|------------|------------|--------------|--------------|--------------|--------------|--------------|--------------|---------|-------|----------------|-------------|----------|-----------------|------------|--------------|----------|----------------|----------------|-----------|
| 1              | Rory Harris       |                              | M   | 3987         | 0          | 0          | 0          | 0          | 0          | 4908         |              |              |              |              |              | 1000    | 0     | 0              | 0           | 0        | 1000            | 0          | 0            | 987      | 0              | 1000           | 921       |
| 2              | Sabrina Verjee    |                              | F   | 3948         | 0          | 0          | 0          | 0          | 0          | 4948         |              |              |              |              |              | 0       | 0     | 948            | 0           | 1000     | 1000            | 0          | 0            | 1000     | 0              | 0              | 1000      |
| 3              | Hayley Evans      | Buckley Runners              | F   | 3857         | 0          | 0          | 0          | 0          | 0          | 3857         |              |              |              |              |              | 911     | 0     | 1000           | 0           | 946      | 0               | 0          | 0            | 0        | 1000           | 0              | 0         |
| 4              | Karen Nash        | Team Krypton                 | F   | 3853         | 0          | 3853       | 3853       | 0          | 0          | 7353         |              |              | 1            | 1            |              | 0       | 1000  | 908            | 0           | 886      | 921             | 1000       | 993          | 785      | 0              | 0              | 860       |
| 5              | David Chetta      | Mercia Fell Runners          | M   | 3835         | 0          | 2883       | 0          | 0          | 0          | 6463         |              | 11           |              |              |              | 940     | 0     | 887            | 926         | 0        | 815             | 0          | 957          | 938      | 1000           | 0              | 0         |
| 6              | Kevin Hoult       | Calder Valley Fell Runners   | M   | 3829         | 0          | 3829       | 0          | 0          | 0          | 5531         |              | 2            |              |              |              | 948     | 1000  | 0              | 0           | 0        | 960             | 0          | 0            | 903      | 0              | 921            | 799       |
| 7              | Ken Sutor         | Cheshire Hash House Harriers | M   | 3795         | 0          | 3795       | 0          | 0          | 0          | 3795         |              | 3            |              |              |              | 973     | 0     | 0              | 0           | 0        | 0               | 1000       | 1000         | 0        | 0              | 0              | 822       |
| 8              | Philip Withnall   | Lonsdale Fell Runners        | M   | 3459         | 0          | 0          | 0          | 0          | 0          | 3459         |              |              |              |              |              | 0       | 0     | 885            | 0           | 850      | 809             | 0          | 0            | 915      | 0              | 0              | 0         |
| 9              | Tim Campbell      | Astley & Tyldesley RR        | M   | 3385         | 0          | 3385       | 0          | 0          | 0          | 3385         |              | 4            |              |              |              | 880     | 0     | 0              | 0           | 843      | 0               | 0          | 892          | 770      | 0              | 0              | 0         |
| 10             | Anthony Fryer     | Valley Striders AC           | M   | 3184         | 0          | 3184       | 0          | 0          | 0          | 3184         |              | 5            |              |              |              | 866     | 0     | 719            | 0           | 755      | 0               | 0          | 0            | 844      | 0              | 0              | 0         |
| 11             | Martin Terry      | Clayton-le-Moors Harriers    | M   | 3169         | 0          | 3169       | 3169       | 0          | 0          | 4692         |              | 6            | 2            |              |              | 836     | 831   | 798            | 0           | 773      | 0               | 0          | 0            | 0        | 0              | 725            | 729       |
| 12             | Jenny Wyles       | Chorley Athletic & Tri       | F   | 3148         | 0          | 3148       | 3148       | 0          | 0          | 3148         |              | 7            | 3            |              |              | 686     | 0     | 0              | 707         | 0        | 0               | 768        | 0            | 0        | 987            | 0              | 0         |
| 13             | Simon Ford        | Astley & Tyldesley RR        | M   | 3085         | 0          | 3085       | 0          | 0          | 0          | 3085         |              | 8            |              |              |              | 864     | 0     | 0              | 0           | 760      | 709             | 0          | 0            | 752      | 0              | 0              | 0         |
| 14             | Janet Hill        | Springfield Striders         | F   | 2988         | 0          | 2988       | 2988       | 2988       | 0          | 2988         |              | 9            | 4            | 1            |              | 684     | 0     | 0              | 0           | 0        | 699             | 687        | 0            | 0        | 918            | 0              | 0         |
| 15             | Kevin Smith       |                              | M   | 2888         | 0          | 2888       | 2888       | 0          | 0          | 6061         |              | 10           | 5            |              |              | 704     | 0     | 659            | 762         | 660      | 597             | 0          | 751          | 671      | 0              | 639            | 618       |
| 16             | Alwyn Nixon       |                              | M   | 2770         | 0          | 2770       | 2770       | 2770       | 0          | 2770         |              | 12           | 6            | 2            |              | 0       | 0     | 0              | 764         | 734      | 675             | 0          | 0            | 0        | 0              | 597            | 0         |
| 17             | Steven Jones      | Dark Peak Fell Runners       | M   | 2700         | 0          | 2700       | 2700       | 0          | 0          | 5032         |              | 13           | 7            |              |              | 696     | 711   | 0              | 600         | 660      | 638             | 0          | 0            | 573      | 633            | 0              | 521       |
| 18             | Adam Worrallo     | Bingley Harriers             | M   | 2596         | 0          | 2596       | 0          | 0          | 0          | 3359         |              | 14           |              |              |              | 871     | 0     | 848            | 0           | 0        | 0               | 0          | 0            | 877      | 0              | 0              | 763       |
| 19             | Charles Colbourn  | Todmorden Harriers           | M   | 2582         | 0          | 2582       | 0          | 0          | 0          | 3755         |              | 15           |              |              |              | 654     | 717   | 0              | 0           | 0        | 535             | 0          | 0            | 0        | 676            | 570            | 603       |
| 20             | Sarah Challans    | Lincoln & District Runners   | F   | 2513         | 0          | 2513       | 0          | 0          | 0          | 2513         |              | 16           |              |              |              | 0       | 953   | 0              | 0           | 0        | 741             | 0          | 0            | 0        | 0              | 0              | 819       |
| 21             | Debbie Cooper     | Lytham St Annes Road Runners | F   | 2474         | 0          | 2474       | 0          | 0          | 0          | 2474         |              | 17           |              |              |              | 0       | 901   | 0              | 0           | 0        | 0               | 0          | 850          | 0        | 0              | 723            | 0         |
| 22             | Fiona Lynch       | Radcliffe AC                 | F   | 2446         | 0          | 2446       | 0          | 0          | 0          | 2446         |              | 18           |              |              |              | 0       | 0     | 0              | 0           | 0        | 762             | 0          | 1000         | 684      | 0              | 0              | 0         |
| 23             | Matt Dunn         | Holcombe Harriers            | M   | 2445         | 0          | 2445       | 0          | 0          | 0          | 2445         |              | 19           |              |              |              | 872     | 0     | 0              | 0           | 803      | 0               | 0          | 0            | 770      | 0              | 0              | 0         |
| 23             | Chris Peach       | Roadhogs Leicester AC        | M   | 2445         | 0          | 2445       | 2445       | 0          | 0          | 2445         |              | 19           | 8            |              |              | 0       | 685   | 0              | 659         | 0        | 533             | 0          | 0            | 0        | 0              | 0              | 568       |
| 25             | Caroline Oldfield | Harrogate Harriers           | F   | 2411         | 0          | 0          | 0          | 0          | 0          | 2411         |              |              |              |              |              | 855     | 0     | 740            | 0           | 816      | 0               | 0          | 0            | 0        | 0              | 0              | 0         |
| 26             | Ed Gamble         | Cheshire Hill Racers         | M   | 2379         | 0          | 2379       | 2379       | 0          | 0          | 2379         |              | 21           | 9            |              |              | 826     | 0     | 0              | 0           | 784      | 769             | 0          | 0            | 0        | 0              | 0              | 0         |
| 27             | Bridget Glaister  |                              | F   | 2366         | 0          | 0          | 0          | 0          | 0          | 2366         |              |              |              |              |              | 759     | 0     | 763            | 0           | 844      | 0               | 0          | 0            | 0        | 0              | 0              | 0         |
| 28             | Neil Robinson     | Run Peterlee                 | M   | 2357         | 0          | 2357       | 0          | 0          | 0          | 3038         |              | 22           |              |              |              | 853     | 0     | 720            | 0           | 784      | 0               | 681        | 0            | 0        | 0              | 0              | 0         |
| 28             | Nick Ham          | Team Krypton                 | M   | 2357         | 0          | 2357       | 2357       | 0          | 0          | 3460         |              | 22           | 10           |              |              | 589     | 546   | 0              | 0           | 557      | 638             | 584        | 0            | 0        | 0              | 0              | 546       |
| 30             | Paul Sumner       | Atherton RC                  | M   | 2277         | 0          | 2277       | 2277       | 0          | 0          | 2277         |              | 24           | 11           |              |              | 606     | 0     | 581            | 0           | 0        | 0               | 0          | 649          | 0        | 0              | 441            | 0         |
| 31             | Leon Flesher      |                              | M   | 2272         | 0          | 0          | 0          | 0          | 0          | 2272         |              |              |              |              |              | 816     | 0     | 715            | 0           | 741      | 0               | 0          | 0            | 0        | 0              | 0              | 0         |
| 32             | Stephen Hall      | Skipton AC                   | M   | 2249         | 0          | 2249       | 2249       | 2249       | 0          | 2249         |              | 25           | 12           | 3            |              | 0       | 594   | 0              | 616         | 0        | 509             | 0          | 0            | 0        | 0              | 0              | 530       |
| 33             | Ian Challans      | Dark Peak Fell Runners       | M   | 2233         | 0          | 0          | 0          | 0          | 0          | 2233         |              |              |              |              |              | 0       | 788   | 0              | 0           | 0        | 694             | 751        | 0            | 0        | 0              | 0              | 0         |
| 34             | Sarah Smith       | Valley Striders AC           | F   | 2224         | 0          | 2224       | 2224       | 0          | 0          | 2866         |              | 26           | 13           |              |              | 703     | 864   | 0              | 0           | 657      | 642             | 0          | 0            | 0        | 0              | 0              | 0         |



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| Champ position |                   |                            |     | Champ points |            |            |            |            |            |              |              |              |              |              |              |         |       |                |             |          |                 |            |              |          |                |                |           |     |
|----------------|-------------------|----------------------------|-----|--------------|------------|------------|------------|------------|------------|--------------|--------------|--------------|--------------|--------------|--------------|---------|-------|----------------|-------------|----------|-----------------|------------|--------------|----------|----------------|----------------|-----------|-----|
|                | Name              | Team                       | Sex |              | U25 points | V40 points | V50 points | V60 points | V70 points | Total points | U25 position | V40 position | V50 position | V60 position | V70 position | Haworth | Spire | Lakes 5 Passes | Dig Deep 30 | Lakes 42 | Calderdale Hike | Pennine 39 | Three Towers | Fellsman | Beacons 50/100 | Bullock Smithy | Rotherham |     |
| 35             | Mick Cottam       | Garstang RC                | M   | 2213         | 0          | 2213       | 2213       | 0          | 0          | 2705         |              | 27           | 14           |              |              | 527     | 0     | 0              | 0           | 0        | 569             | 576        | 0            | 541      | 0              | 492            | 0         |     |
| 36             | Ian France        | Bowland Fell Runners       | M   | 2203         | 0          | 2203       | 2203       | 0          | 0          | 2203         |              | 28           | 15           |              |              | 0       | 0     | 554            | 0           | 538      | 569             | 0          | 0            | 542      | 0              | 0              | 0         |     |
| 37             | Colin Williams    | Ilkley Harriers            | M   | 2175         | 0          | 2175       | 2175       | 0          | 0          | 2175         |              | 29           | 16           |              |              | 737     | 0     | 0              | 0           | 0        | 0               | 752        | 0            | 686      | 0              | 0              | 0         |     |
| 38             | Geoff Osbaldestin |                            | M   | 2170         | 0          | 0          | 0          | 0          | 0          | 2170         |              |              |              |              |              | 756     | 0     | 0              | 0           | 0        | 0               | 721        | 0            | 0        | 0              | 693            | 0         |     |
| 39             | Jackie Scarf      |                            | F   | 2070         | 0          | 0          | 0          | 0          | 0          | 2070         |              |              |              |              |              | 765     | 0     | 0              | 0           | 0        | 667             | 0          | 0            | 638      | 0              | 0              | 0         |     |
| 40             | Chris Timms       |                            | M   | 2065         | 0          | 0          | 0          | 0          | 0          | 2065         |              |              |              |              |              | 0       | 0     | 655            | 0           | 661      | 0               | 749        | 0            | 0        | 0              | 0              | 0         |     |
| 41             | Albert Sunter     | Lostock AC                 | M   | 2025         | 0          | 2025       | 2025       | 0          | 0          | 2025         |              | 30           | 17           |              |              | 651     | 0     | 0              | 0           | 686      | 0               | 0          | 0            | 688      | 0              | 0              | 0         |     |
| 42             | Tim Straughan     | Valley Striders AC         | M   | 2013         | 0          | 2013       | 2013       | 0          | 0          | 2013         |              | 31           | 18           |              |              | 0       | 779   | 0              | 0           | 0        | 517             | 0          | 0            | 717      | 0              | 0              | 0         |     |
| 43             | Jason Allen       |                            | M   | 1988         | 0          | 0          | 0          | 0          | 0          | 2601         |              |              |              |              |              | 661     | 0     | 646            | 0           | 613      | 0               | 681        | 0            | 0        | 0              | 0              | 0         |     |
| 44             | Josh Wade         |                            | M   | 1985         | 0          | 0          | 0          | 0          | 0          | 1985         |              |              |              |              |              | 0       | 0     | 985            | 0           | 1000     | 0               | 0          | 0            | 0        | 0              | 0              | 0         |     |
| 45             | David Fort        | Trawden AC                 | M   | 1983         | 0          | 1983       | 0          | 0          | 0          | 1983         |              | 32           |              |              |              | 704     | 0     | 677            | 0           | 0        | 0               | 0          | 0            | 602      | 0              | 0              | 0         |     |
| 45             | Craig Storozuk    |                            | M   | 1983         | 0          | 0          | 0          | 0          | 0          | 1983         |              |              |              |              |              | 704     | 0     | 677            | 0           | 0        | 0               | 0          | 0            | 602      | 0              | 0              | 0         |     |
| 47             | Daniel Weller     |                            | M   | 1920         | 0          | 0          | 0          | 0          | 0          | 1920         |              |              |              |              |              | 0       | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 920      | 1000           | 0              | 0         |     |
| 48             | Kayleigh Ralphs   | Kayleigh's Fitness RC      | F   | 1908         | 0          | 0          | 0          | 0          | 0          | 1908         |              |              |              |              |              | 660     | 0     | 0              | 0           | 0        | 694             | 0          | 0            | 554      | 0              | 0              | 0         |     |
| 49             | Rob Ferrol        |                            | M   | 1898         | 0          | 0          | 0          | 0          | 0          | 1898         |              |              |              |              |              | 0       | 670   | 0              | 673         | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 555       |     |
| 50             | Paul Hunt         |                            | M   | 1837         | 0          | 0          | 0          | 0          | 0          | 1837         |              |              |              |              |              | 628     | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 580      | 0              | 629            | 0         |     |
| 51             | Ken Wyles         | Westmorland & N Lancs LDWA | M   | 1834         | 0          | 1834       | 1834       | 1242       | 0          | 1834         |              | 33           | 19           | 7            |              | 592     | 0     | 0              | 637         | 0        | 0               | 605        | 0            | 0        | 0              | 0              | 0         |     |
| 52             | Jake Holmes       |                            | M   | 1814         | 0          | 0          | 0          | 0          | 0          | 1814         |              |              |              |              |              | 698     | 0     | 0              | 0           | 589      | 0               | 0          | 0            | 527      | 0              | 0              | 0         |     |
| 53             | Chris Randall     |                            | M   | 1808         | 0          | 0          | 0          | 0          | 0          | 1808         |              |              |              |              |              | 0       | 0     | 0              | 673         | 0        | 0               | 0          | 713          | 422      | 0              | 0              | 0         |     |
| 54             | Andrew Ellwood    | Skipton AC                 | M   | 1798         | 0          | 1798       | 1798       | 0          | 0          | 1798         |              | 34           | 20           |              |              | 0       | 0     | 0              | 0           | 608      | 568             | 0          | 0            | 622      | 0              | 0              | 0         |     |
| 55             | Andy Berry        |                            | M   | 1796         | 0          | 0          | 0          | 0          | 0          | 1796         |              |              |              |              |              | 857     | 0     | 0              | 0           | 939      | 0               | 0          | 0            | 0        | 0              | 0              | 0         |     |
| 56             | Stewart Bellamy   | Mercia Fell Runners        | M   | 1776         | 0          | 1776       | 0          | 0          | 0          | 1776         |              | 35           |              |              |              | 905     | 0     | 0              | 0           | 871      | 0               | 0          | 0            | 0        | 0              | 0              | 0         |     |
| 57             | Dick Scroop       | Mercia Fell Runners        | M   | 1762         | 0          | 1762       | 1762       | 1762       | 1762       | 1762         |              | 36           | 21           | 4            | 1            | 0       | 511   | 0              | 0           | 0        | 0               | 0          | 474          | 0        | 0              | 0              | 380       | 397 |
| 58             | Elise Milnes      | Team Krypton               | F   | 1742         | 0          | 1742       | 1742       | 0          | 0          | 1742         |              | 37           | 22           |              |              | 0       | 0     | 0              | 0           | 0        | 676             | 535        | 0            | 531      | 0              | 0              | 0         |     |
| 59             | Matt Rowat        |                            | M   | 1718         | 0          | 0          | 0          | 0          | 0          | 1718         |              |              |              |              |              | 858     | 0     | 860            | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         |     |
| 60             | Martin Wilson     | Durham Fell Runners        | M   | 1697         | 0          | 0          | 0          | 0          | 0          | 1697         |              |              |              |              |              | 0       | 0     | 0              | 0           | 882      | 815             | 0          | 0            | 0        | 0              | 0              | 0         |     |
| 61             | Ben Timbers       |                            | M   | 1670         | 0          | 0          | 0          | 0          | 0          | 1670         |              |              |              |              |              | 854     | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 816      | 0              | 0              | 0         |     |
| 62             | Nick Burns        |                            | M   | 1668         | 0          | 0          | 0          | 0          | 0          | 1668         |              |              |              |              |              | 553     | 0     | 571            | 0           | 0        | 544             | 0          | 0            | 0        | 0              | 0              | 0         |     |
| 63             | Simon Vallance    | Valley Striders AC         | M   | 1655         | 0          | 1655       | 1655       | 0          | 0          | 1655         |              | 38           | 23           |              |              | 857     | 0     | 798            | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         |     |
| 64             | Richard Bolton    |                            | M   | 1638         | 0          | 0          | 0          | 0          | 0          | 1638         |              |              |              |              |              | 0       | 0     | 840            | 0           | 798      | 0               | 0          | 0            | 0        | 0              | 0              | 0         |     |
| 65             | Jamie Glazebrook  | North Derbyshire RC        | M   | 1631         | 0          | 1631       | 1631       | 0          | 0          | 1631         |              | 39           | 24           |              |              | 612     | 0     | 0              | 0           | 0        | 498             | 0          | 0            | 0        | 0              | 0              | 521       |     |
| 66             | John Allan        |                            | M   | 1627         | 0          | 0          | 0          | 0          | 0          | 1627         |              |              |              |              |              | 879     | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 748      | 0              | 0              | 0         |     |
| 67             | Michael Hyde      | Stadium Runners            | M   | 1625         | 0          | 1625       | 0          | 0          | 0          | 1625         |              | 40           |              |              |              | 871     | 0     | 0              | 0           | 0        | 754             | 0          | 0            | 0        | 0              | 0              | 0         |     |
| 68             | Imtiaz Ilahi      |                            | M   | 1617         | 0          | 0          | 0          | 0          | 0          | 1617         |              |              |              |              |              | 633     | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 437      | 0              | 547            | 0         |     |



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| Champ position | Name             | Team                         | Sex | Champ points | U25 points | V40 points | V50 points | V60 points | V70 points | Total points | U25 position | V40 position | V50 position | V60 position | V70 position | Haworth | Spire | Lakes 5 Passes | Dig Deep 30 | Lakes 42 | Calderdale Hike | Pennine 39 | Three Towers | Fellsman | Beacons 50/100 | Bullock Smithy | Rotherham |     |
|----------------|------------------|------------------------------|-----|--------------|------------|------------|------------|------------|------------|--------------|--------------|--------------|--------------|--------------|--------------|---------|-------|----------------|-------------|----------|-----------------|------------|--------------|----------|----------------|----------------|-----------|-----|
| 69             | Mel Steventon    |                              | F   | 1610         | 0          | 0          | 0          | 0          | 0          | 1610         |              |              |              |              |              | 801     | 0     | 0              | 0           |          | 809             | 0          | 0            | 0        | 0              | 0              | 0         | 0   |
| 70             | Maria Cook       |                              | F   | 1596         | 0          | 0          | 0          | 0          | 0          | 1596         |              |              |              |              |              | 0       | 0     | 0              | 0           |          | 844             | 0          | 0            | 0        | 752            | 0              | 0         | 0   |
| 71             | Matt Neale       |                              | M   | 1582         | 0          | 1582       | 0          | 0          | 0          | 1582         |              | 41           |              |              |              | 0       | 0     | 0              | 0           |          | 751             | 0          | 0            | 0        | 831            | 0              | 0         | 0   |
| 72             | Libbi McGibbon   | Cheshire Hash House Harriers | F   | 1562         | 0          | 0          | 0          | 0          | 0          | 1562         |              |              |              |              |              | 807     | 0     | 0              | 0           |          | 0               | 0          | 0            | 0        | 0              | 0              | 755       | 0   |
| 73             | Steve Rivers     | North Yorkshire Police AC    | M   | 1560         | 0          | 1560       | 1560       | 0          | 0          | 1560         |              | 42           | 25           |              |              | 0       | 0     | 0              | 790         |          | 0               | 0          | 770          | 0        | 0              | 0              | 0         |     |
| 74             | Bryn Evans       |                              | M   | 1557         | 0          | 0          | 0          | 0          | 0          | 1557         |              |              |              |              |              | 0       | 0     | 0              | 0           |          | 0               | 0          | 0            | 0        | 0              | 883            | 0         | 674 |
| 75             | Katie Godfrey    |                              | F   | 1552         | 0          | 0          | 0          | 0          | 0          | 1552         |              |              |              |              |              | 0       | 0     | 0              | 0           |          | 750             | 0          | 802          | 0        | 0              | 0              | 0         | 0   |
| 76             | David Parker     |                              | M   | 1539         | 0          | 0          | 0          | 0          | 0          | 1539         |              |              |              |              |              | 829     | 0     | 0              | 0           |          | 0               | 0          | 0            | 0        | 710            | 0              | 0         | 0   |
| 77             | Amy Freeman      | Darwen Dashers               | F   | 1534         | 0          | 0          | 0          | 0          | 0          | 1534         |              |              |              |              |              | 725     | 0     | 0              | 0           |          | 0               | 0          | 0            | 809      | 0              | 0              | 0         | 0   |
| 78             | David Ralphs     | Kayleigh's Fitness RC        | M   | 1526         | 0          | 1526       | 1526       | 0          | 0          | 1526         |              | 43           | 26           |              |              | 461     | 0     | 0              | 0           |          | 0               | 559        | 0            | 0        | 506            | 0              | 0         | 0   |
| 79             | Simon Pass       | Saltaire Striders            | M   | 1525         | 0          | 1525       | 0          | 0          | 0          | 1525         |              | 44           |              |              |              | 0       | 0     | 0              | 0           |          | 0               | 710        | 0            | 0        | 815            | 0              | 0         | 0   |
| 80             | Giles Bailey     |                              | M   | 1524         | 0          | 0          | 0          | 0          | 0          | 1524         |              |              |              |              |              | 770     | 0     | 0              | 0           |          | 0               | 754        | 0            | 0        | 0              | 0              | 0         | 0   |
| 81             | Ben Ayres        |                              | M   | 1521         | 0          | 0          | 0          | 0          | 0          | 1521         |              |              |              |              |              | 767     | 0     | 0              | 0           |          | 0               | 754        | 0            | 0        | 0              | 0              | 0         | 0   |
| 82             | Chris Usher      |                              | M   | 1512         | 0          | 0          | 0          | 0          | 0          | 1512         |              |              |              |              |              | 802     | 0     | 0              | 0           |          | 0               | 0          | 0            | 0        | 710            | 0              | 0         | 0   |
| 83             | Robert Nash      | Team Krypton                 | M   | 1501         | 0          | 1501       | 1501       | 1501       | 1501       | 1501         |              | 45           | 27           | 5            | 2            | 0       | 577   | 0              | 0           |          | 0               | 466        | 458          | 0        | 0              | 0              | 0         | 0   |
| 84             | Amy Duck         |                              | F   | 1498         | 0          | 0          | 0          | 0          | 0          | 1498         |              |              |              |              |              | 0       | 0     | 0              | 0           |          | 770             | 0          | 0            | 0        | 728            | 0              | 0         | 0   |
| 85             | Louise Greenwood |                              | F   | 1488         | 0          | 0          | 0          | 0          | 0          | 1488         |              |              |              |              |              | 0       | 0     | 0              | 0           |          | 719             | 0          | 769          | 0        | 0              | 0              | 0         | 0   |
| 86             | Richard Lendon   |                              | M   | 1487         | 0          | 1487       | 1487       | 0          | 0          | 1487         |              | 46           | 28           |              |              | 0       | 0     | 791            | 0           |          | 696             | 0          | 0            | 0        | 0              | 0              | 0         | 0   |
| 86             | Tony Harris      |                              | M   | 1487         | 0          | 0          | 0          | 0          | 0          | 1487         |              |              |              |              |              | 0       | 0     | 0              | 0           |          | 703             | 0          | 0            | 784      | 0              | 0              | 0         | 0   |
| 88             | Stephen Ireland  |                              | M   | 1475         | 0          | 0          | 0          | 0          | 0          | 1475         |              |              |              |              |              | 0       | 0     | 791            | 0           |          | 684             | 0          | 0            | 0        | 0              | 0              | 0         | 0   |
| 89             | Nigel Jeff       | Buxton AC                    | M   | 1461         | 0          | 1461       | 1461       | 0          | 0          | 1461         |              | 47           | 29           |              |              | 0       | 0     | 0              | 0           |          | 731             | 0          | 0            | 0        | 0              | 0              | 730       | 0   |
| 90             | Andrew Haworth   | Trawden AC                   | M   | 1459         | 0          | 0          | 0          | 0          | 0          | 1459         |              |              |              |              |              | 803     | 0     | 656            | 0           |          | 0               | 0          | 0            | 0        | 0              | 0              | 0         | 0   |
| 91             | Barney Nikolich  |                              | M   | 1453         | 1453       | 0          | 0          | 0          | 0          | 1453         |              | 1            |              |              |              | 0       | 0     | 0              | 0           |          | 698             | 0          | 0            | 0        | 755            | 0              | 0         | 0   |
| 91             | Harry Pulham     |                              | M   | 1453         | 0          | 0          | 0          | 0          | 0          | 1453         |              |              |              |              |              | 0       | 0     | 0              | 0           |          | 698             | 0          | 0            | 0        | 755            | 0              | 0         | 0   |
| 93             | Tony Marlow      | Lostock AC                   | M   | 1452         | 0          | 1452       | 1452       | 0          | 0          | 1452         |              | 48           | 30           |              |              | 722     | 0     | 0              | 0           |          | 730             | 0          | 0            | 0        | 0              | 0              | 0         | 0   |
| 93             | Gary Bradley     |                              | M   | 1452         | 0          | 0          | 0          | 0          | 0          | 1452         |              |              |              |              |              | 735     | 0     | 0              | 0           |          | 0               | 0          | 0            | 0        | 717            | 0              | 0         | 0   |
| 93             | Paul Booth       |                              | M   | 1452         | 0          | 0          | 0          | 0          | 0          | 1452         |              |              |              |              |              | 0       | 0     | 853            | 0           |          | 0               | 0          | 599          | 0        | 0              | 0              | 0         |     |
| 96             | Robert Gittins   |                              | M   | 1445         | 0          | 0          | 0          | 0          | 0          | 1445         |              |              |              |              |              | 732     | 0     | 0              | 0           |          | 713             | 0          | 0            | 0        | 0              | 0              | 0         | 0   |
| 97             | Brian Melia      |                              | M   | 1442         | 0          | 0          | 0          | 0          | 0          | 1442         |              |              |              |              |              | 0       | 0     | 0              | 0           |          | 695             | 0          | 0            | 0        | 747            | 0              | 0         | 0   |
| 98             | Richard Mackey   | Team Krypton                 | M   | 1441         | 0          | 0          | 0          | 0          | 0          | 1441         |              |              |              |              |              | 737     | 0     | 0              | 0           |          | 704             | 0          | 0            | 0        | 0              | 0              | 0         | 0   |
| 99             | Gareth Harrison  |                              | M   | 1427         | 0          | 0          | 0          | 0          | 0          | 1427         |              |              |              |              |              | 448     | 0     | 0              | 0           |          | 0               | 0          | 0            | 0        | 503            | 0              | 476       | 0   |
| 100            | David Oldfield   |                              | M   | 1426         | 0          | 0          | 0          | 0          | 0          | 1426         |              |              |              |              |              | 737     | 0     | 0              | 0           |          | 689             | 0          | 0            | 0        | 0              | 0              | 0         | 0   |
| 101            | Alan Dorrington  |                              | M   | 1421         | 0          | 0          | 0          | 0          | 0          | 1421         |              |              |              |              |              | 783     | 0     | 0              | 0           |          | 0               | 0          | 0            | 0        | 638            | 0              | 0         | 0   |
| 102            | Linda Murgatroyd | Team Krypton                 | F   | 1403         | 0          | 1403       | 1403       | 0          | 0          | 1403         |              | 49           | 31           |              |              | 765     | 0     | 0              | 0           |          | 0               | 0          | 0            | 0        | 638            | 0              | 0         | 0   |



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Counters shown in bold, names in red have run 4 counters & will get a prize!

## UK Ultra-running Championships 2019

| Champ position | Name             | Team                         | Sex | Champ points | U25 points | V40 points | V50 points | V60 points | V70 points | Total points | U25 position | V40 position | V50 position | V60 position | V70 position | Haworth | Spire | Lakes 5 Passes | Dig Deep 30 | Lakes 42 | Calderdale Hike | Pennine 39 | Three Towers | Fellsman | Beacons 50/100 | Bullock Smithy | Rotherham |   |
|----------------|------------------|------------------------------|-----|--------------|------------|------------|------------|------------|------------|--------------|--------------|--------------|--------------|--------------|--------------|---------|-------|----------------|-------------|----------|-----------------|------------|--------------|----------|----------------|----------------|-----------|---|
| 103            | Nicky Torr       |                              | F   | 1400         | 0          | 0          | 0          | 0          | 0          | 1400         |              |              |              |              |              | 767     | 0     | 0              | 0           | 0        | 0               | 633        | 0            | 0        | 0              | 0              |           |   |
| 104            | Chris Sandison   |                              | M   | 1399         | 0          | 0          | 0          | 0          | 0          | 1399         |              |              |              |              |              | 0       | 0     | 0              | 0           | 654      | 0               | 745        | 0            | 0        | 0              | 0              | 0         |   |
| 104            | Greg Hopkinson   |                              | M   | 1399         | 0          | 0          | 0          | 0          | 0          | 1399         |              |              |              |              |              | 0       | 979   | 0              | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 420            | 0         |   |
| 106            | David James      |                              | M   | 1391         | 0          | 0          | 0          | 0          | 0          | 1391         |              |              |              |              |              | 710     | 0     | 0              | 0           | 681      | 0               | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 106            | David Sloan      | Astley & Tyldesley RR        | M   | 1391         | 0          | 0          | 0          | 0          | 0          | 1391         |              |              |              |              |              | 666     | 0     | 0              | 0           | 0        | 725             | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 108            | Simon Denny      |                              | M   | 1389         | 0          | 0          | 0          | 0          | 0          | 1389         |              |              |              |              |              | 0       | 0     | 0              | 0           | 730      | 0               | 0          | 0            | 659      | 0              | 0              | 0         |   |
| 109            | John Vernon      | Dark Peak Fell Runners       | M   | 1388         | 0          | 1388       | 1388       | 1388       | 0          | 1388         | 50           | 32           | 6            |              |              | 0       | 0     | 0              | 0           | 505      | 0               | 458        | 0            | 425      | 0              | 0              | 0         |   |
| 110            | James Crook      |                              | M   | 1379         | 0          | 0          | 0          | 0          | 0          | 1379         |              |              |              |              |              | 703     | 0     | 676            | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 111            | David Murphy     |                              | M   | 1376         | 0          | 0          | 0          | 0          | 0          | 1376         |              |              |              |              |              | 0       | 0     | 0              | 0           | 661      | 0               | 0          | 715          | 0        | 0              | 0              | 0         |   |
| 112            | Peter Riley      |                              | M   | 1375         | 0          | 0          | 0          | 0          | 0          | 1375         |              |              |              |              |              | 719     | 0     | 656            | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 112            | Rob Chambers     |                              | M   | 1375         | 0          | 0          | 0          | 0          | 0          | 1375         |              |              |              |              |              | 0       | 0     | 0              | 0           | 660      | 0               | 0          | 715          | 0        | 0              | 0              | 0         |   |
| 112            | Rob Chambers     |                              | M   | 1375         | 0          | 0          | 0          | 0          | 0          | 1375         |              |              |              |              |              | 0       | 0     | 0              | 0           | 660      | 0               | 0          | 715          | 0        | 0              | 0              | 0         |   |
| 115            | Geoff Capps      |                              | M   | 1368         | 0          | 0          | 0          | 0          | 0          | 1368         |              |              |              |              |              | 0       | 0     | 681            | 0           | 687      | 0               | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 116            | Ian Crutchley    |                              | M   | 1363         | 0          | 0          | 0          | 0          | 0          | 1363         |              |              |              |              |              | 748     | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 615            | 0         |   |
| 117            | Judith Kippax    |                              | F   | 1359         | 0          | 0          | 0          | 0          | 0          | 1359         |              |              |              |              |              | 0       | 708   | 0              | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 651       |   |
| 118            | Toney Donnelly   |                              | M   | 1354         | 0          | 0          | 0          | 0          | 0          | 1354         |              |              |              |              |              | 651     | 0     | 0              | 0           | 703      | 0               | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 119            | Matt Hutchinson  | LDWA                         | M   | 1344         | 0          | 1344       | 1344       | 0          | 0          | 1984         | 51           | 33           |              |              |              | 640     | 703   | 641            | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 120            | Nathan French    | Cheshire Hash House Harriers | M   | 1336         | 0          | 0          | 0          | 0          | 0          | 1336         |              |              |              |              |              | 740     | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 596       | 0 |
| 121            | Tracy Vernon     |                              | F   | 1329         | 0          | 0          | 0          | 0          | 0          | 1329         |              |              |              |              |              | 655     | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 674       | 0 |
| 122            | John Telfer      |                              | M   | 1322         | 0          | 0          | 0          | 0          | 0          | 1322         |              |              |              |              |              | 0       | 0     | 681            | 0           | 641      | 0               | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 122            | Richard Marsden  |                              | M   | 1322         | 0          | 0          | 0          | 0          | 0          | 1322         |              |              |              |              |              | 657     | 0     | 0              | 0           | 0        | 0               | 0          | 665          | 0        | 0              | 0              | 0         |   |
| 124            | Daryl Bentley    | Bolton United Harriers       | M   | 1320         | 0          | 1320       | 0          | 0          | 0          | 1320         | 52           |              |              |              |              | 0       | 750   | 0              | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 570       | 0 |
| 125            | Julian Brown     |                              | M   | 1319         | 0          | 0          | 0          | 0          | 0          | 1319         |              |              |              |              |              | 0       | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 669      | 0              | 650            | 0         |   |
| 126            | John Power       |                              | M   | 1316         | 0          | 0          | 0          | 0          | 0          | 1316         |              |              |              |              |              | 0       | 670   | 0              | 646         | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 127            | Gloria Ayuso     |                              | F   | 1312         | 0          | 0          | 0          | 0          | 0          | 1312         |              |              |              |              |              | 679     | 0     | 0              | 0           | 0        | 633             | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 128            | Christina Turner |                              | F   | 1309         | 0          | 0          | 0          | 0          | 0          | 1309         |              |              |              |              |              | 654     | 0     | 655            | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 129            | Simon Kealoha    |                              | M   | 1305         | 0          | 0          | 0          | 0          | 0          | 1305         |              |              |              |              |              | 0       | 0     | 655            | 0           | 650      | 0               | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 130            | Dave Ottewell    |                              | M   | 1300         | 0          | 1300       | 0          | 0          | 0          | 1300         | 53           |              |              |              |              | 629     | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 671      | 0              | 0              | 0         |   |
| 131            | Peter Storey     |                              | M   | 1298         | 0          | 0          | 0          | 0          | 0          | 1298         |              |              |              |              |              | 0       | 0     | 0              | 0           | 660      | 0               | 0          | 0            | 638      | 0              | 0              | 0         |   |
| 132            | Paul Gardiner    |                              | M   | 1293         | 0          | 0          | 0          | 0          | 0          | 1293         |              |              |              |              |              | 0       | 0     | 627            | 0           | 666      | 0               | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 133            | Gill Dickson     |                              | F   | 1287         | 0          | 0          | 0          | 0          | 0          | 1287         |              |              |              |              |              | 654     | 0     | 0              | 0           | 0        | 633             | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 133            | Kate Pope        |                              | F   | 1287         | 0          | 0          | 0          | 0          | 0          | 1287         |              |              |              |              |              | 654     | 0     | 0              | 0           | 0        | 633             | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 135            | Nigel Aston      | FRA                          | M   | 1286         | 0          | 1286       | 1286       | 0          | 0          | 1286         | 54           | 34           |              |              |              | 0       | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 671            | 615       |   |
| 136            | Mark Sunley      |                              | M   | 1275         | 0          | 0          | 0          | 0          | 0          | 1275         |              |              |              |              |              | 661     | 0     | 0              | 0           | 0        | 614             | 0          | 0            | 0        | 0              | 0              | 0         |   |



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| Champ position | Name             | Team                       | Sex | Champ points | U25 points | V40 points | V50 points | V60 points | V70 points | Total points | U25 position | V40 position | V50 position | V60 position | V70 position | Haworth | Spire | Lakes 5 Passes | Dig Deep 30 | Lakes 42 | Calderdale Hike | Pennine 39 | Three Towers | Fellsman | Beacons 50/100 | Bullock Smithy | Rotherham |   |
|----------------|------------------|----------------------------|-----|--------------|------------|------------|------------|------------|------------|--------------|--------------|--------------|--------------|--------------|--------------|---------|-------|----------------|-------------|----------|-----------------|------------|--------------|----------|----------------|----------------|-----------|---|
| 137            | Sally Parkin     |                            | F   | 1268         | 0          | 0          | 0          | 0          | 0          | 1268         |              |              |              |              |              | 623     | 0     | 645            | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 138            | Peter Beddows    |                            | M   | 1267         | 0          | 0          | 0          | 0          | 0          | 1267         |              |              |              |              |              | 0       | 0     | 0              | 0           | 0        | 422             | 0          | 0            | 421      | 0              | 424            | 0         |   |
| 139            | Angela Green     |                            | F   | 1265         | 0          | 0          | 0          | 0          | 0          | 1265         |              |              |              |              |              | 611     | 0     | 654            | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 140            | Michael Symons   |                            | M   | 1261         | 0          | 0          | 0          | 0          | 0          | 1261         |              |              |              |              |              | 0       | 0     | 0              | 0           | 0        | 575             | 0          | 686          | 0        | 0              | 0              | 0         |   |
| 141            | Tyrone Lewis     |                            | M   | 1260         | 0          | 0          | 0          | 0          | 0          | 1260         |              |              |              |              |              | 653     | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 607      | 0              | 0              | 0         |   |
| 142            | Andrew Bryan     |                            | M   | 1258         | 0          | 0          | 0          | 0          | 0          | 1258         |              |              |              |              |              | 0       | 0     | 0              | 0           | 651      | 0               | 0          | 0            | 607      | 0              | 0              | 0         |   |
| 142            | Chris Brunold    | Otley AC                   | F   | 1258         | 0          | 1258       | 1258       | 0          | 0          | 1258         | 55           | 35           |              |              |              | 659     | 0     | 0              | 599         | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 144            | Carolyn Shimwell |                            | F   | 1251         | 0          | 0          | 0          | 0          | 0          | 1251         |              |              |              |              |              | 596     | 0     | 0              | 0           | 0        | 655             | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 144            | Darren Coates    |                            | M   | 1251         | 0          | 0          | 0          | 0          | 0          | 1251         |              |              |              |              |              | 0       | 0     | 0              | 0           | 644      | 0               | 0          | 0            | 607      | 0              | 0              | 0         |   |
| 146            | Sue Martin       | Calder Valley Fell Runners | F   | 1247         | 0          | 1247       | 1247       | 0          | 0          | 1247         | 56           | 36           |              |              |              | 651     | 0     | 0              | 0           | 0        | 596             | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 146            | Mike Burke       |                            | M   | 1247         | 0          | 1247       | 1247       | 0          | 0          | 1247         | 56           | 36           |              |              |              | 0       | 0     | 0              | 0           | 0        | 576             | 0          | 0            | 671      | 0              | 0              | 0         |   |
| 148            | Bernard Corfe    |                            | M   | 1241         | 0          | 1241       | 1241       | 0          | 0          | 1241         | 58           | 38           |              |              |              | 696     | 0     | 0              | 0           | 0        | 545             | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 149            | Rick Ansell      |                            | M   | 1236         | 0          | 0          | 0          | 0          | 0          | 1236         |              |              |              |              |              | 0       | 0     | 0              | 0           | 601      | 0               | 635        | 0            | 0        | 0              | 0              | 0         |   |
| 150            | John Donnelly    |                            | M   | 1235         | 0          | 0          | 0          | 0          | 0          | 1235         |              |              |              |              |              | 590     | 0     | 645            | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 151            | Clare Glazebrook | North Derbyshire RC        | F   | 1230         | 0          | 1230       | 0          | 0          | 0          | 1230         | 59           |              |              |              |              | 612     | 0     | 0              | 0           | 0        | 618             | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 152            | David Anderson   | Pudsey & Bramley AC        | M   | 1229         | 0          | 1229       | 0          | 0          | 0          | 1229         | 60           |              |              |              |              | 0       | 0     | 0              | 0           | 661      | 0               | 0          | 0            | 0        | 0              | 0              | 568       |   |
| 153            | Neil Goulding    |                            | M   | 1219         | 0          | 0          | 0          | 0          | 0          | 1219         |              |              |              |              |              | 660     | 0     | 0              | 0           | 0        | 559             | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 154            | Neil Wilkes      |                            | M   | 1216         | 0          | 0          | 0          | 0          | 0          | 1216         |              |              |              |              |              | 0       | 0     | 0              | 0           | 590      | 0               | 626        | 0            | 0        | 0              | 0              | 0         |   |
| 155            | Sara Ordway      |                            | F   | 1210         | 0          | 0          | 0          | 0          | 0          | 1210         |              |              |              |              |              | 0       | 0     | 0              | 0           | 0        | 0               | 658        | 0            | 552      | 0              | 0              | 0         |   |
| 156            | Russell Thomas   |                            | M   | 1207         | 0          | 0          | 0          | 0          | 0          | 1207         |              |              |              |              |              | 608     | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 599      | 0              | 0              | 0         |   |
| 156            | Paul Rushworth   |                            | M   | 1207         | 0          | 0          | 0          | 0          | 0          | 1207         |              |              |              |              |              | 0       | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 626            | 581       |   |
| 158            | Jim Maxfield     |                            | M   | 1204         | 0          | 0          | 0          | 0          | 0          | 1204         |              |              |              |              |              | 698     | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 506      | 0              | 0              | 0         |   |
| 159            | Jim Tinnion      | Mercia Fell Runners        | M   | 1201         | 0          | 1201       | 0          | 0          | 0          | 1201         | 61           |              |              |              |              | 0       | 0     | 633            | 0           | 568      | 0               | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 160            | Iain Asher       |                            | M   | 1198         | 0          | 0          | 0          | 0          | 0          | 1198         |              |              |              |              |              | 656     | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 542      | 0              | 0              | 0         |   |
| 161            | Adrian Gosling   |                            | M   | 1193         | 0          | 0          | 0          | 0          | 0          | 1193         |              |              |              |              |              | 428     | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 407      | 0              | 358            | 0         |   |
| 162            | Richard Harris   |                            | M   | 1188         | 0          | 0          | 0          | 0          | 0          | 1188         |              |              |              |              |              | 629     | 0     | 0              | 0           | 0        | 559             | 0          | 0            | 0        | 0              | 0              | 0         | 0 |
| 163            | Elina Eady       |                            | F   | 1163         | 0          | 0          | 0          | 0          | 0          | 1163         |              |              |              |              |              | 697     | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 466      | 0              | 0              | 0         |   |
| 163            | Eileen McDonach  |                            | F   | 1163         | 0          | 0          | 0          | 0          | 0          | 1163         |              |              |              |              |              | 697     | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 466      | 0              | 0              | 0         |   |
| 165            | Tony Bowe        |                            | M   | 1154         | 0          | 0          | 0          | 0          | 0          | 1154         |              |              |              |              |              | 560     | 0     | 594            | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         |   |
| 166            | Andrew Fullwood  |                            | M   | 1129         | 0          | 0          | 0          | 0          | 0          | 1129         |              |              |              |              |              | 590     | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 539      | 0              | 0              | 0         |   |
| 167            | John Tomlinson   |                            | M   | 1128         | 0          | 0          | 0          | 0          | 0          | 1128         |              |              |              |              |              | 0       | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 534      | 0              | 0              | 594       |   |
| 168            | Katherine Rogers |                            | F   | 1110         | 0          | 1110       | 0          | 0          | 0          | 1110         | 62           |              |              |              |              | 0       | 654   | 0              | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 456            | 0         |   |
| 169            | David Bell       |                            | M   | 1090         | 0          | 0          | 0          | 0          | 0          | 1090         |              |              |              |              |              | 0       | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 547      | 0              | 543            | 0         |   |
| 170            | Charlotte Smith  |                            | F   | 1079         | 0          | 1079       | 0          | 0          | 0          | 1079         | 63           |              |              |              |              | 578     | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 501      | 0              | 0              | 0         |   |



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## UK Ultra-running Championships 2019

| Champ position | Name             | Team                           | Sex | Champ points | U25 points | V40 points | V50 points | V60 points | V70 points | Total points | U25 position | V40 position | V50 position | V60 position | V70 position | Haworth | Spire | Lakes 5 Passes | Dig Deep 30 | Lakes 42 | Calderdale Hike | Pennine 39 | Three Towers | Fellsman | Beacons 50/100 | Bullock Smithy | Rotherham |     |      |      |      |      |   |
|----------------|------------------|--------------------------------|-----|--------------|------------|------------|------------|------------|------------|--------------|--------------|--------------|--------------|--------------|--------------|---------|-------|----------------|-------------|----------|-----------------|------------|--------------|----------|----------------|----------------|-----------|-----|------|------|------|------|---|
| 171            | Chris Tetley     | Skelmersdale Boundary Harriers | M   | 1076         | 0          | 0          | 0          | 0          | 0          | 1076         | 64           | 65           | 39           |              |              | 565     | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         | 0   |      |      |      |      |   |
| 172            | Neil Carter      |                                | M   | 1055         | 0          | 0          | 0          | 0          | 0          | 1055         |              |              |              |              |              | 0       | 0     | 0              | 0           | 0        | 0               | 527        | 0            | 0        | 0              | 0              | 0         | 0   | 0    | 0    | 0    | 0    |   |
| 173            | Tony Griffin     |                                | M   | 1043         | 0          | 0          | 0          | 0          | 0          | 1043         |              |              |              |              |              | 546     | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         | 0   | 0    | 0    | 0    | 497  |   |
| 174            | Edwin Tate       |                                | M   | 1039         | 0          | 1039       | 0          | 0          | 0          | 1039         |              |              |              |              |              | 0       | 0     | 0              | 0           | 0        | 0               | 518        | 0            | 0        | 0              | 0              | 0         | 0   | 0    | 521  | 0    | 0    | 0 |
| 175            | Andy Dalton      |                                | M   | 1003         | 0          | 1003       | 1003       | 0          | 0          | 1003         |              |              |              |              |              | 558     | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         | 0   | 0    | 445  | 0    | 0    | 0 |
| 176            | Lorraine Slater  | Dark Peak Fell Runners         | F   | 1000         | 0          | 0          | 0          | 0          | 0          | 1000         |              |              |              |              |              | 1000    | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         | 0   |      |      |      |      |   |
| 176            | Stuart Walker    |                                | M   | 1000         | 0          | 0          | 0          | 0          | 0          | 1000         |              |              |              |              |              | 0       | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         | 0   | 1000 | 0    | 0    | 0    |   |
| 176            | Rob Brown        |                                | M   | 1000         | 0          | 0          | 0          | 0          | 0          | 1000         |              |              |              |              |              | 0       | 0     | 1000           | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         | 0   | 0    | 0    | 0    | 0    |   |
| 176            | Simon Vaisey     |                                | M   | 1000         | 0          | 0          | 0          | 0          | 0          | 1000         |              |              |              |              |              | 0       | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         | 0   | 0    | 1000 | 0    | 0    |   |
| 176            | Jayne Lawton     |                                | F   | 1000         | 0          | 0          | 0          | 0          | 0          | 1000         |              |              |              |              |              | 0       | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         | 0   | 0    | 0    | 1000 | 0    |   |
| 176            | Marcin Zaleski   | Steel City Striders            | M   | 1000         | 0          | 0          | 0          | 0          | 0          | 1000         |              |              |              |              |              | 0       | 0     | 0              | 1000        | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         | 0   |      |      |      |      |   |
| 176            | Fran Cummins     |                                | F   | 1000         | 0          | 0          | 0          | 0          | 0          | 1000         |              |              |              |              |              | 0       | 0     | 0              | 1000        | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         | 0   | 0    | 0    | 0    | 0    |   |
| 176            | Ben Hague        |                                | M   | 1000         | 0          | 0          | 0          | 0          | 0          | 1000         |              |              |              |              |              | 0       | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         | 0   | 0    | 0    | 0    | 1000 |   |
| 184            | Nick Treidl      |                                | M   | 996          | 0          | 0          | 0          | 0          | 0          | 996          |              |              |              |              |              | 996     | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         | 0   | 0    | 0    | 0    | 0    |   |
| 184            | Ian Livesey      |                                | M   | 996          | 0          | 0          | 0          | 0          | 0          | 996          |              |              |              |              |              | 996     | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         | 0   | 0    | 0    | 0    | 0    |   |
| 186            | John Figiel      |                                | M   | 994          | 0          | 0          | 0          | 0          | 0          | 994          |              |              |              |              |              | 0       | 0     | 0              | 0           | 0        | 0               | 557        | 0            | 437      | 0              | 0              | 0         |     |      |      |      |      |   |
| 187            | Philip Chaston   |                                | M   | 990          | 0          | 0          | 0          | 0          | 0          | 990          |              |              |              |              |              | 0       | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         | 506 | 0    | 484  | 0    |      |   |
| 188            | Dave Beales      |                                | M   | 985          | 0          | 0          | 0          | 0          | 0          | 985          |              |              |              |              |              | 0       | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 985      | 0              | 0              | 0         | 0   | 0    | 0    | 0    | 0    |   |
| 189            | John Gilbert     |                                | M   | 980          | 0          | 0          | 0          | 0          | 0          | 980          |              |              |              |              |              | 0       | 0     | 540            | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         | 0   | 440  | 0    | 0    | 0    |   |
| 190            | Alexander Beaven |                                | M   | 979          | 0          | 0          | 0          | 0          | 0          | 979          |              |              |              |              |              | 0       | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 0        | 979            | 0              | 0         | 0   | 0    | 0    | 0    | 0    | 0 |
| 191            | Ruth Thackray    | Wharfedale Harriers            | F   | 974          | 0          | 0          | 0          | 0          | 0          | 974          | 66           | 40           |              |              |              | 974     | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         | 0   |      |      |      |      |   |
| 192            | Raj Madhas       |                                | M   | 973          | 0          | 973        | 973        | 0          | 0          | 973          |              |              |              |              |              | 488     | 0     | 0              | 0           | 0        | 0               | 0          | 0            | 0        | 0              | 0              | 0         | 0   | 485  | 0    | 0    | 0    |   |