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[www.gofar.org.uk](http://www.gofar.org.uk) - ultra-distance challenges

**Osmotherley Phoenix Saturday 4<sup>th</sup> July 2009**

## **Results**

The event just grows and grows – talking of which, we are highly unlikely to be able to take entries on the day in 2010 – so please enter early. We had 44 non starters and 14 retirements, 334 finishers made their way safely back to the Summer Games after several hours “cooking” on the hills. Many thanks to those who entered early – it certainly helps with planning the badges, certificates and food for checkpoints.

Congratulations to all the winners over the three routes – 2009 seems to have been the “year of equalling records” – with no new ones being set.

For the fourth year our 33 mile route was sponsored – by the Vasque Ultra-running Champs 2009, they kindly donated many prizes, including a fantastic range of spot prizes, which were picked out using your bucket drop tallies and distributed over all three routes. Gofar provided books to 10 under 25 year olds.

Once again our thanks go to Susan and Paul Adams, all the checkpoint helpers (many of whom have helped since the event started), Raynet, St John Ambulance and the Summer Games Committee.

For those of you with internet connection – you may like to check out the Phoenix appearing on youtube at: <http://www.youtube.com/watch?v=ynsqPq3FdsY>

Massive thanks to Mike Newton for setting up a Phoenix Website:  
<http://osmotherleyphoenix.wikidot.com/home> - copy and paste into address bar.

Lost property - assorted items – please contact us.

Negatives : the few who didn't take basic safety kit (30 minutes penalty) and the very small minority who dropped litter.

Next year, the Phoenix will be on Saturday 3<sup>rd</sup> July. Happy walking and running to you all, and we look forward to seeing you again next year!